

Digitalis ferruginea

This plant will provide nectar and pollen for bees and the many other types of pollinating insects.

Rusty Foxglove

A vigorous biennial or perennial forming a rosette of dark green lance-shaped leaves, with tall racemes of tubular bell-shaped yellow-brown flowers 3.5cm in length in summer

Seed Propagation

<https://www.rhs.org.uk/plants/foxglove/growing-guide>

Echinops Bannaticus

This plant will provide nectar and pollen for bees and the many other types of pollinating insects.

Blue Globe Thistle

A clump-forming perennial with upright, grey, woolly stems and spiny, hairy, grey-green divided leaves. Spherical blue-grey to blue flowerheads, up to 5cm across, are produced in mid- and late summer

Seed Propagation

Propagate by seed sown in seed bed in mid spring

Alcea rosea

This plant will provide nectar and pollen for bees and the many other types of pollinating insects.

Hollyhock

A robust biennial or short-lived perennial to 2m or more with shallowly lobed, or deeply palmately divided, rounded leaves and long erect racemes of open funnel-shaped flowers to 10cm across, which may be pink, purple, red, white or yellow

Seed Propagation

<https://www.rhs.org.uk/plants/hollyhocks/growing-guide>

